



I care about your health. That's why I'm committed to prescribing antibiotics only when you need them.

I won't prescribe antibiotics when they are unlikely to work.

Antibiotics can cure a lot of infections... but antibiotics don't work against viruses that cause the common cold, most coughs, and most sore throats.

I will consider how an antibiotic may harm you.

- Taking antibiotics increase the risk of antibiotic resistant bacteria (superbugs).
- You could experience side effects like harder-to-treat infection, skin rashes, allergic reaction, upset stomach, or diarrhea (which can be life-threatening).

How can you help?

- If you get an antibiotic, take it as prescribed.
- Don't save antibiotics or give them to someone else.

If you have questions about why you are not getting an antibiotic, ask me, your nurse, or your pharmacist.

For more information about appropriate use of antibiotics visit www.cdc.gov.



www.medicare.qualishealth.org