YOUR ROADMAP TO
Engaging Patients & Families in Hand Hygiene

1. **Start with this Aim.**
   Within the next six months, we will implement at least one new process for better engaging patients and families in hand hygiene during hospitalization and begin evaluating the impact of this new process.

2. **Pick a floor & form a team.**
   Include a bedside nurse, nurse manager, infection preventionist, executive sponsor, and at least one patient or family advisor. Identify who will act as the Project Lead (schedule meetings, facilitate meetings and arrange to meet monthly for 6 months).

3. **Hold a kick-off meeting.**
   Discuss the Aim, describe the Hand Hygiene Huddle (HHH) concept and potential impacts (Driver Diagram), share an implementation example, brainstorm how it might be adapted to work here, and leave with a first PDSA(s) to try by next meeting. Be sure to assign someone to attend the next Patient and Family Advisory Council for additional insights!

4. **Schedule monthly debrief.**
   Discuss what was tried, what worked, what was learned, what to do differently in the coming month. Complete an action plan to capture your journey and jumpstart your next meeting. Project Lead shares action plan with team.

5. **Engage at the bedside.**
   Patients and families can be overwhelmed with information when in the hospital. Select engagement processes that help them “connect the dots” and feel part of the healthcare team. A little bedside conversation goes a long way.

6. **Build engagement into existing workflow.**
   When/where does it fit? For whom? What will make it part of a reliable system? Can you add a hand hygiene education box to your admission documentation screen? To your orientation to room checklist?

7. **Make it the new Normal.**
   Once you find a promising process, get everyone on board with how to do it. Use existing channels of communication, like change of shift staff huddles, to tell staff about the new process, set expectations, and elicit feedback.

8. **Spread the word.**
   Be an example for other floors in your organization. Share this kit and your implementation example to encourage other floors to create new engagement processes that will be embraced and sustained by the local team.