

## A Commitment to Our Patients about Antibiotics

#### What we will do as your healthcare team

Your health is important to us. When you have an illness, we promise to provide the best possible treatments for your condition. If an antibiotic is not needed, or would do more harm than good, we will explain this to you and offer other treatments that are better for you.

# Antibiotics only fight infections caused by bacteria

- Antibiotics don't work for viral infections like the common cold, most coughs, and most sore throats.
- If you're sick from a virus and you take antibiotics, you won't get better and you could get bad side effects.
- Antibiotics should only be taken when necessary.
- Buying medications that won't help you is a waste of your money.

#### **Problems with using antibiotics**

Antibiotics make bacteria more resistant and can make future infections harder to treat.

Side effects include:

- Drug-resistant infections ("superbugs")
- Skin rashes
- Diarrhea (including C.difficile which can be serious and difficult to treat)
- Yeast infections

### What should you do?

- · If you get an antibiotic, take it as prescribed.
- If you don't get an antibiotic but think you need one, discuss your concerns with us.

#### **Our promise**

As your healthcare team, we promise to provide the best possible treatments for your condition. We are dedicated to prescribing antibiotics only when they are needed, and we will avoid giving them to you when they might do more harm than good.

If you have any questions, please feel free to ask your doctor, nurse, or pharmacist.

Clinic Picture

#### **Clinic Name**

Clinic Logo







